



2008 Rosh Hashanah – Simchat Torah Menu Week 4

	Sunday 10/19 E. Shmini Atzeret	Monday 10/ 20 Shmini Atzeret	Tuesday 10/21 Simchat Torah	Wednesday 10/22	Thursday 10/23	Friday 10/24	Saturday 10/25
Breakfast	Fruit Juice Assorted cold Cereal or Oatmeal Scrambled Eggs w/ cheese English Muffin Beverage of choice	Fruit Juice Assorted cold Cereal or Cream of Wheat Scrambled Eggs French Toast Beverage of choice	Fruit Juice Assorted cold Cereal or Hot Cereal Scrambled Eggs Banana Bread Jelly Beverage of choice	Fruit Juice Assorted cold Cereal Scrambled Eggs Hash Browns Bagels Cream cheese, Jelly Beverage of choice	Fruit Juice Assorted cold Cereal or Oatmeal Scrambled Eggs Doughnut Jelly, Margarine Beverage of choice	Fruit Juice Assorted cold Cereal or Cream of Wheat Scrambled Eggs Pancakes Jelly Beverage of choice	Fruit Juice Assorted cold Cereal or Hot Cereal Coffee Cake Hard Boiled Egg Beverage of choice
Lunch	Cream of Broccoli Soup Pan Seared Salmon Dill Cream sauce Green beans Potato Pancakes Ice cream Beverage of choice	Challah /Honey Minestrone Salisbury Steak Tater Tots Vegetable Blend Pineapple Upside down Cake Beverage of choice	Challah /Honey Won Ton Soup Teriyaki salmon Fried Rice Stir Fried Vegetables Chocolate Cake Beverage of choice	Challah /Honey Gefilte Fish Chicken A'oeuf Roasted Potatoes Mixed Vegetables Canned Fruit Beverage of choice	Mushroom Barley Soup Crackers Meat Knish Succotash Baby Carrots Pineapple Upside-down Beverage of choice	Minestrone Crackers Lasagna Tossed Salad Garlic Bread Chocolate Chip Cookies Beverage of choice	Chopped Herring Roast Beef Sandwich Sweet Potato Wedges Israeli Salad Fruit Salad Beverage of choice
Alt.	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu
Dinner	Challah /Honey Beef Kreplach Soup Chopped Liver Roast Chicken Rice Pilaf Carrots Honey Cake Beverage of choice	Challah /Honey Stuffed Cabbage Matzah Ball soup Beef Brisket Kasha & Bows Carrot Tzimmes Cake With Topping Beverage of choice	Challah /Honey Gefilte Fish Sweet Potato Bisque Roast Turkey Holiday stuffing Sicilian Blend Cake With Topping Beverage of choice	Challah /Honey Potato Soup Cheese Blintzes Spinach Kugel Israeli salad Ice Cream Beverage of choice	Ginger Lentil Soup Crackers Fish Tagine Potatoes Moroccan Vegetables Banana Pudding Beverage of choice	Gefilte Fish Matzah Ball soup Roast Chicken Egg Barley Vegetable Blend Cake Challah Beverage of choice	Cream of Carrot Soup Crackers Salmon Croquettes Rice Pilaf Cole Slaw Sherbet Beverage of choice
Alt.	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu

Blue Shaded is Dairy
Red Shaded is Meat

Updated 08/26/08