

# Week 3 Menu Match

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Fruit Juice Assorted Cold Cereal Oatmeal Scrambled Eggs Beverage of choice	Fruit Juice Assorted Cold Cereal Cream of Wheat Scrambled Eggs French Toast Beverage of choice	Fruit Juice Assorted Cold Cereal Hot Cereal Scrambled Eggs Banana Bread Beverage of choice	Fruit Juice Assorted Cold Cereal Scrambled Eggs Hash Browns Pancakes Beverage of choice	Fruit Juice Assorted Cold Cereal or Oatmeal Scrambled Eggs Cheese Danish Beverage of choice	Fruit Juice Assorted Cold Cereal Cream of Wheat Scrambled Eggs Bagels & Cream cheese Beverage of choice	Fruit Juice Assorted Cold Cereal Coffee Cake Hard Boiled Egg Beverage of choice
<b>Lunch</b>	Cucumber Salad Corned Beef Sandwich Cold Grilled Chicken Potato Salad Watermelon Beverage of choice	Cream of Celery Beer Battered Fish Grilled Salmon Rice Pilaf Cole Slaw Lemon Meringue Pie Beverage of choice	Steak Soup Roast Turkey Meatloaf Mashed Potatoes Brussels Sprouts Apricots Beverage of choice	Cream of Carrot Soup Crackers Salmon Croquettes Scalloped Potatoes Cole Slaw Sherbet Beverage of choice	Chicken Noodle Soup Philly Steak Sandwich BBQ Chicken Potato Wedges Chocolate Mousse Beverage of choice	Tomato Soup Grilled Cheese Sandwich Beer Battered Fish Potato Nuggets Ratatouille Chocolate Chip Cookie Beverage of choice	Chopped Liver Roast Beef Roast Chicken Hemishe Barley Harvard Beets Fresh Fruit Beverage of choice
<b>Alt.</b>	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu
<b>Dinner</b>	Borscht Fruit Plate / cottage Cheese Cold Poached Salmon Garden Salad Butterscotch Pudding Beverage of choice	Mushroom Barley Soup Veal Marsala Meatballs Mostaccioli Caesar Salad Fresh Fruit Beverage of choice	Minestrone Crackers Lasagna Baked fish Tossed Salad Cheesecake Beverage of choice	Chili Crackers Hamburger/ Bun BBQ Chicken French Fries Lettuce, Tomato Pineapple Upside- down Beverage of choice	Onion Soup Crackers Grilled Salmon Rice Pilaf Vegetable Medley Carrot Cake Beverage of choice	Challah Gefilte Fish Matzah Ball soup Beef Brisket Turkey Kasha & Bows Summer Blend Cherry Turnover Beverage of choice	Vegetable Soup Eggplant Parmesan Spaghetti Marinara Broccoli Spears Ice Cream Beverage of choice
<b>Alt.</b>	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu

Blue Shaded is Dairy  
Red Shaded is Meat

Updated 07/08/09