



# Week 4 Menu Match

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Fruit Juice Assorted Cold Cereal Oatmeal Scrambled Eggs Doughnut Beverage of choice	Fruit Juice Assorted Cold Cereal Cream of Wheat Scrambled Eggs French Toast Beverage of choice	Fruit Juice Assorted Cold Cereal Hot Cereal Scrambled Eggs Banana Bread Beverage of choice	Fruit Juice Assorted Cold Cereal Scrambled Eggs Hash Browns Pancakes Beverage of choice	Fruit Juice Assorted Cold Cereal or Oatmeal Scrambled Eggs Cheese Danish Beverage of choice	Fruit Juice Assorted Cold Cereal Cream of Wheat Scrambled Eggs Bagels & Cream cheese Beverage of choice	Fruit Juice Assorted Cold Cereal Coffee Cake Hard Boiled Egg Beverage of choice
<b>Lunch</b>	Fruit Soup Hero Sandwich Turkey Sandwich Potato Chips Cole Slaw Fresh Fruit Beverage of choice	Yemenite Soup Baked Orange Roughy Grilled Cheese Tomato Basil Salad Potato Nuggets Cherry Pie Beverage of choice	Chicken & Rice Soup Salisbury Steak Stuffed Cabbage Rice Pilaf Brussels Sprouts Fruit Compote Beverage of choice	Cream of Celery Beer Battered Fish Eggplant Parmesan Green Peas Cole Slaw Banana Cream Pie Beverage of choice	Spit Pea Soup Swiss Steak Meatloaf Mashed Potatoes Vegetable Blend Strawberry Layer Cake Beverage of choice	Minestrone Soup Baked Fish Cheese Blintzes Au Gratin Potatoes Broccoli Spears Éclair Beverage of choice	Chopped Herring Cold Grilled Chicken Cold Roast Beef Entrée Salad Pasta Salad Fresh Fruit Beverage of choice
<b>Alt.</b>		See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu
<b>Dinner</b>	Borscht Quiche Salmon Salad Israeli Salad Macaroni Salad Ice Cream Beverage of choice	Cabbage Soup Baked Chicken Liver & Onions Corn Baby Carrots Brownie Beverage of choice	Minestrone Soup Eggplant Parmesan Spaghetti Marinara Broccoli Spears Cream Puff Beverage of choice	Beef Vegetable Soup Rib Steak Stuffed Cabbage Mashed Potatoes Summer Blend Chocolate Mousse Beverage of choice	Mushroom Soup Cheese Blintzes Beer Battered Fish Tomato & Cucumber Brownies Beverage of choice	Gefilte Fish Kreplach Soup Apricot Chicken Swiss Steak Rice Pilaf Summer Vegetables Apple Turnover Beverage of choice	Lentil Soup Tilapia Aleuf Gefilte Fish Mixed Vegetables Succotash Ice Cream
<b>Alt.</b>	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu	See Alternative Menu

Blue Shaded is Dairy

Red Shaded is Meat

Updated 0708/09